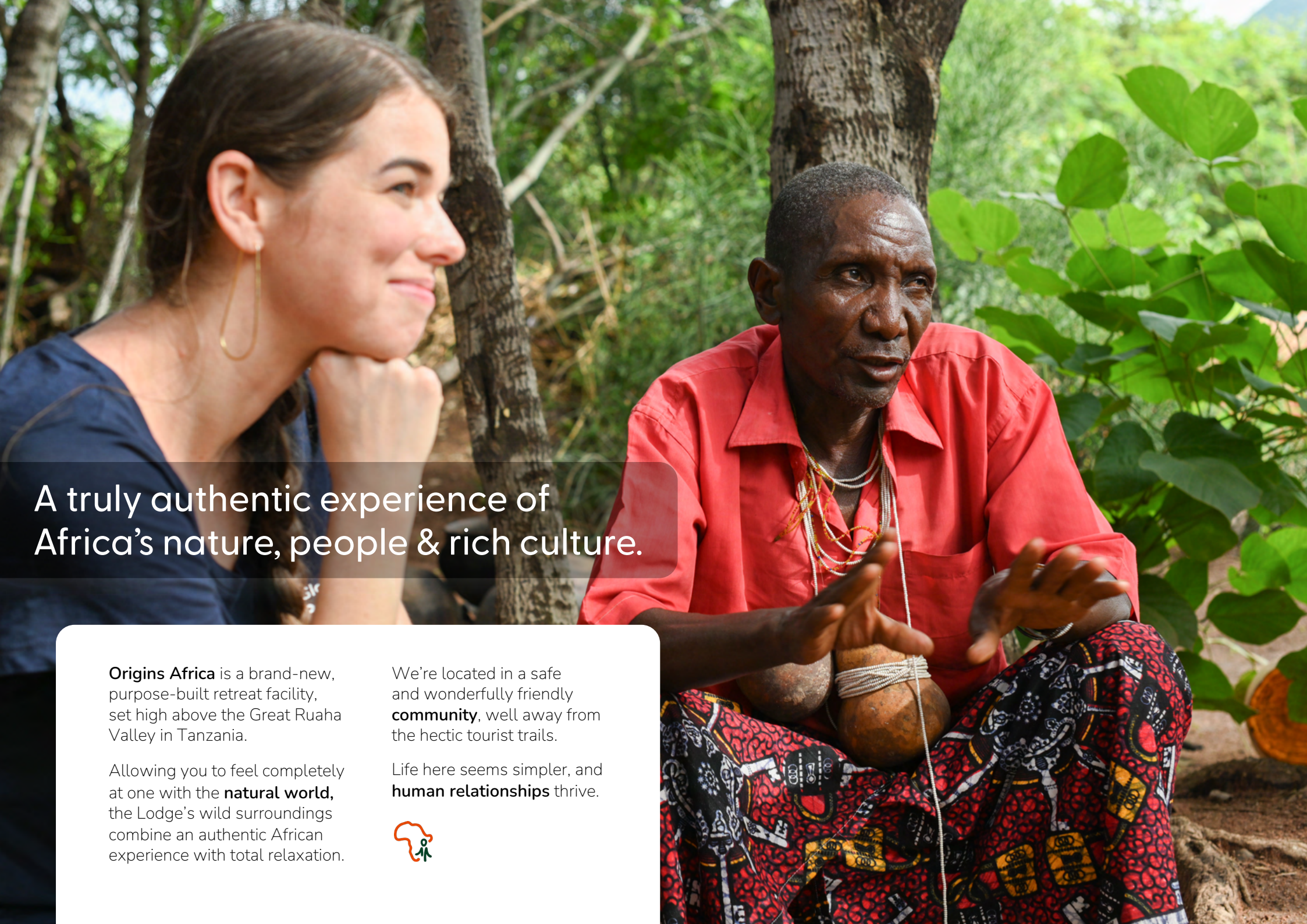




**ORIGINS
AFRICA**
YOGA RETREAT

Barefoot Luxury Lodge
& Full Service Retreat
Packages

We help yoga teachers
deliver spectacular
retreats

A woman with long brown hair, wearing a dark blue top and large gold hoop earrings, is shown in profile, listening intently. She has her hand resting under her chin. In front of her, an elderly man with grey hair and a red button-down shirt is speaking. He is wearing multiple necklaces and a vibrant, patterned wrap around his waist. He is holding a gourd in his lap. They are sitting in a lush, green forest with large trees and foliage in the background.

A truly authentic experience of Africa's nature, people & rich culture.

Origins Africa is a brand-new, purpose-built retreat facility, set high above the Great Ruaha Valley in Tanzania.

Allowing you to feel completely at one with the **natural world**, the Lodge's wild surroundings combine an authentic African experience with total relaxation.

We're located in a safe and wonderfully friendly **community**, well away from the hectic tourist trails.

Life here seems simpler, and **human relationships** thrive.



Working with us.

Our small, passionate team works between **Tanzania** and our Headquarters in **Edinburgh**, Scotland, so that you can focus on your group, and your yoga.

From completely customisable daily itineraries to optional day excursions, you can tailor an unforgettable **African Yoga** experience whilst we manage the delivery, from arrival to farewell.

What's included in our standard package

- A personal **Retreat Coordinator**, who will work with you to create the perfect retreat around your own requirements and brand.
- **Exclusive use** of the Lodge and grounds, with private access and 24/7 security for complete peace of mind.
- Unlimited use of all lodge facilities, such as the **yoga studio**, saunas, pool etc.
- **Premium accommodation** with flexible configuration (single, double, twin and our epic 4-person retreat rooms).
- The warmest 24-hour **hospitality** from our family of attentive staff, who are fluent in English and committed to meeting the needs of every guest for the entirety of your stay.



- **All your meals** and plenty of treats cooked with fresh, local ingredients by our in-house chef.
- Unlimited **drinking water** (purified on-site with our state of the art reverse osmosis system to avoid the use of plastic bottles) and freshly squeezed fruit juices.
- Option to experience a traditional **Masai welcome ceremony** - a memorable introduction to the local heritage.
- Chaperoned visits into the local town of Iringa to experience the bustling, **colourful markets**, purchase souvenirs, artisanal crafts and be immersed in authentic African culture.
- Private **airport transfers**.



The Retreat Lodge

Within our spectacular **four-acre hilltop site**, our chalets built from local stone and sustainable timber nestle among giant boulders and native woodland teeming with wild monkeys.

Treading lightly on the natural world has been our priority, and installing a fully-off grid solar infrastructure gives us dependable power for piping hot showers and strong wifi while being **kind to the planet**.



Lodge highlights include:

- Your own private **sanctuary** immersed in nature.
- Spectacular **panoramic yoga deck** with sunrise and sunset mountain skylines.
- All-weather indoor **yoga studio** with 270° views & giant log burner.
- Wood-fired **sauna** & waterfall ice showers.
- Native **woodland grounds** with endless hideaways to escape and unwind.
- A **safe** location, with our friendly Guards from the Maasai tribe for added peace of mind.



- Premium **accommodation chalets** with doubles, twins, singles and our epic 4-person retreat rooms.
- Bedrooms and bathrooms designed to embrace the **dramatic views** and unforgettable setting.
- **Social dining** with authentic locally-sourced Tanzanian dishes, prepared to your own tastes and requirements.
- Cosy **lounge bar** for fireside evenings and maybe the odd G&T...
- Wonderful hospitality from our lodge team who will become **your new family!**



Safaris & Tribal Adventures

Less than two hours' drive from the Lodge lies **Ruaha National Park**. Part of the largest protected wilderness in Tanzania, Ruaha has an altogether wilder, more natural feel than the much more crowded parks and is home to large populations of elephant, lion, leopard, giraffe, hippo and zebra.

Origins' Founder has been working in this area for 14 years, developing deep-rooted friendships with communities of the indigenous Hehe tribe and the nomadic Maasai.

Through these **connections**, your Retreat Hosts can lead you into the bush to explore their fascinating cultures and traditional medical practices.





Example Retreat Adventures

We can incorporate any or all of the following into your itinerary, or work with you to create even more personal experiences unique to your retreat.

- Full-day guided wildlife **safari** in private 4x4s
- Overnight stays at one of our partner safari lodges or **bush camps** to take your safari to the next level and hear lions roaring in the night!
- Visit to a **remote village** of the Hehe tribe (indigenous to the Iringa Region): spend the morning with a traditional medicine man learning practices almost unchanged in hundreds of years, and the afternoon getting into village life with the community.
- Visit to a semi-nomadic **Maasai boma** (traditional village) to discover the rich culture that has made the Maasai one of the most recognisable tribal groups in the **world**.
- Hiking tours to explore the **highland tea plantations** that blanket rolling hills more than a mile above sea level.





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